



Expediciones Chile Horseback Packing List

Enroute Guidance

Overview:

The Futaleufú river is in Northern Patagonia at relatively low altitude. (1,300 ft dropping to 60 ft above sea level). We are in a mountain environment 53 miles inland from the ocean in a microclimate that is drier than the terrain closer to the ocean. Many of our trails are 2,000 -3,000 ft above sea level. Storms can blow in quickly bringing cold rainy spells. The sun can also be intense for several weeks in a row. December, January, February and March is the best season with little to no wind.

Provided by Exchile:

- ☐ Horse
- ☐ Saddle
- ☐ Accommodations and Meals
- ☐ Guide
- ☐ Pilchero pack horse

Recommended List (We have linked to superior products from NRS or Amazon in case you need to purchase an item.)

Personal Riding Gear:

- ☐ Riding Pants: Buy jeans made for horseback riding that are not too tight or too loose, preferably with some stretch if you don't already have them. Break them in, too, and wash several times. Proper riding tights are naturally okay also. (2)
- ☐ Riding Helmet: While our guides wear the traditional Chilean cowboy hat we recommend that guests bring a riding helmet along with a wide brimmed western hat to keep the sun off.
- ☐ [Lightweight waterproof hiking shoes](#). (you can wear these on the plane)
- ☐ Chaps: optional If you like riding with chaps bring your favorite set.
- ☐ Underpants: Avoid nylon. Tack shops and catalogs carry lightly padded underwear for endurance riders. It may be the best investment you make (☐ sports bra if applicable)
- ☐ Camelbak or water bottles
- ☐ Gloves optional (for gripping the reins and to keep the sun off the hands)
- ☐ Riding Shirts (3)
- ☐ Bandanas (2)
- ☐ Sun hat, waterproof
- ☐ (6) Pair Wool socks minimum one per day. [mens](#) [womens](#)

General Clothing (some of these items can be worn to Chile on the plane.)

- ☐ (4) Underwear
- ☐ Thick synthetic thermal long underpants (1)
- ☐ woolen long underpants (1)
- ☐ (1-2) Hiking shorts [mens](#) [womens](#)
- ☐ (1) Long pants nice for the plane
- ☐ (1-2) Trail pants outdoors [mens](#) [womens](#)
- ☐ (3) T-shirts 2 synthetic and 1 cotton
- ☐ (2-) Long sleeved shirts one to be worn on the plane.
- ☐ (1-) Pile jacket or wool sweater [mens](#) [womens](#)
- ☐ Water/windproof Gore tex jacket or poncho [mens](#) [womens](#)
- ☐ Water/windproof pants (recommended, optional) [mens](#) [womens](#)
- ☐ (1) [camp towel](#) or regular towel.

Toiletries

- ☐ [Hanging small shower kit](#)
- ☐ Hairbrush or comb
- ☐ Toothpaste, toothbrush, dental floss
- ☐ Small biodegradable bar of soap & shampoo
- ☐ Antiperspirant/ Deodorant
- ☐ [Sunscreen](#) (Waterproof 50 spf minimum)
- ☐ [Lip balm containing sun block](#)
- ☐ Extra contact lens and enough lens liquid and cleaning solution.

Personal first aid kit that includes:

- ☐ EpiPen Anaphylaxis kit if you have severe reactions to bee stings
- ☐ Your own prescription medications
- ☐ Antihistamine for anyone with allergies
- ☐ Vitamins if you take them
- ☐ A few simple Band-Aids
- ☐ Adhesive Tape (for blisters) or NuSkin (optional, for blisters)
- ☐ Small Pepto Bismol (bottle or tablet)
- ☐ Tampons or sanitary napkins (enough for the entire trip)
- ☐ Extra contact lens and enough lens liquid and cleaning solution. Some people have found that wearing light-weight, sturdy plastic glasses helps protect their contacts from being flushed out by the big waves.
- ☐ Optional, you may choose to bring a prescription antibiotic. Consult your doctor.

Extra Essentials

- ☐ [Small personal dry bag](#)
- ☐ [Sunglasses](#)
- ☐ [FloRetainer Leashes for Sunglasses](#)
- ☐ [Headlamp](#) Waterproof Storm
- ☐ Cell phone with camera with whatsapp. Enroute guidance for your route saved on it.
- ☐ [Optional Lifeproof Case for you cell phone turns it into a waterproof camera](#)
- ☐ PayPal account for tips and for paying for online bus tickets or services in Chile or Argentina.
- ☐ [Money belt RFID Blocking Travel Wallet Passport Holder](#)
- ☐ Charge card and US dollars to exchange.

Documents

- ☐ Passport
- ☐ US Drivers License

- ☐ [Spanish dictionary](#)
- ☐ [Patagonia maps,](#)
- ☐ [Waterproof journal](#)
- ☐ [Printed enroute guidance](#)

Luggage

- ☐ [Soft Duffel with shoulder straps](#)
- ☐ [Day backpack](#)

Supplemental List for the Andes to the Ocean Horseback trip. 4 day / 2 dias camping

- ☐ Sleeping Bag (35 to 55 degrees F, synthetic)
- ☐ Cotton pillow Case (can be stuffed with fleece sweater at night) or Small Camp Pillow
- ☐ Waterproof Tent (Full Fly and Seam Sealed)
- ☐ Therm-a-Rest Pad
- ☐ Tarp/ground cloth
- ☐ Plastic Bag: large size, heavy duty, in case of rain. (2)
- ☐ Backpack (to be loaded on the support horses or mules)